



# Beatrice YMCA Pool Schedule SOUTH (ORIGINAL) POOL

Effective July 20th through August 2nd

## Pool Usage Schedule

### Monday

5:00 am – 1:00 pm

Lap Swim/Classes

1:00 – 4:00 pm

CLOSED

4:00 – 7:00 pm

Lap Swim/Open Swim

### Tuesday

5:00 am – 1:00 pm

Lap Swim/Classes

1:00 – 4:00 pm

CLOSED

4:00 – 7:00 pm

Lap Swim/Open Swim

### Wednesday

5:00 am – 1:00 pm

Lap Swim/Classes

1:00 – 4:00 pm

CLOSED

4:00 – 7:00 pm

Lap Swim/Open Swim

### Thursday

5:00 am – 1:00 pm

Lap Swim/Classes

1:00 – 4:00 pm

CLOSED

4:00 – 7:00 pm

Lap Swim/Open Swim

### Friday

5:00 am – 1:00 pm

Lap Swim/Classes

1:00 – 4:00 pm

CLOSED

4:00 – 6:00 pm

Lap Swim/Open Swim

### Saturday

7:30 am – 12:00 pm

Lap Swim/Open Swim/Swim Lessons

12:00 – 1:00 pm

Closed

1:00 – 3:00 pm

Lap Swim/Open Swim

### Sunday

CLOSED

## Classes

### Monday

8:15 – 9:00 am

WATERinMOTION

9:15 – 10:00 am

Arthritic Aquacise

11:15 – 12:00 pm

WATERinMOTION

### Tuesday

8:15 – 9:00 am

Aqua Surprise

9:15 – 10:00 am

Arthritic Aquacise

10:15 – 11:00 am

Aqua Surprise

### Wednesday

8:15 – 9:00 am

WATERinMOTION

9:15 – 10:00 am

Arthritic Aquacise

11:15 – 12:00 pm

WATERinMOTION

### Thursday

8:15 – 9:00 am

Aqua Surprise

9:15 – 10:00 am

Arthritic Aquacise

10:15 – 11:00 am

Aqua Surprise

### Friday

8:15 – 9:00 am

WATERinMOTION

9:15 – 10:00 am

Arthritic Aquacise

11:15 – 12:00 pm

WATERinMOTION

**Lap Swim** – 1 lap lane available; 2nd lap lane available upon request. Please follow lap etiquette when sharing is needed.

**Recreational/Open Swim = for youth 8 & up (MUST be able to swim) and adults. Those under 8 will need an adult within arm's reach at all times. NO REC SWIM DURING AQUA CLASSES.**

\*The Infrared Saunas are available any time the pool is open, INCLUDING during swim team practice.

The Cold Plunge is NOT AVAILABLE during swim team practice.

# Beatrice YMCA Pool Schedule

## NORTH (NEW) POOL

Effective July 20th through August 2nd

### Pool/Hot Tub/Splash Pad Usage Schedule

#### Monday

6:30 am – 9:00 am

Open Swim

9:00 – 10:30 am

Closed for Swim Lessons

10:30 am – 1:00 pm

Open Swim

1:00 – 4:00 pm

CLOSED

4:00 – 6:45 pm

Open Swim

6:45 – 7:15 pm

Closed for Sound Bath Therapy

#### Tuesday

6:30 am – 9:00 am

Open Swim

9:00 – 10:30 am

Closed for Swim Lessons

10:30 am – 1:00 pm

Open Swim

1:00 – 4:00 pm

CLOSED

4:00 – 7:00 pm

Open Swim

#### Wednesday

6:30 am – 9:00 am

Open Swim

9:00 – 10:30 am

Closed for Swim Lessons

10:30 am – 1:00 pm

Open Swim

1:00 – 4:00 pm

CLOSED

4:00 – 7:00 pm

Open Swim

#### Thursday

6:30 am – 9:00 am

Open Swim

9:00 – 10:30 am

Closed for Swim Lessons

10:30 am – 1:00 pm

Open Swim

1:00 – 4:00 pm

CLOSED

4:00 – 6:45 pm

Open Swim

6:45 – 7:15 pm

Closed for Sound Bath Therapy

#### Friday

6:30 am – 1:00 am

Open Swim

1:00 – 4:00 pm

CLOSED

4:00 – 6:00 pm

Open Swim

#### Saturday

9:00 am – 12:00 pm

Open Swim

12:00 – 1:00 pm

CLOSED

1:00 – 3:00 pm

Open Swim

#### Sunday

CLOSED

The HOT TUB and SPLASH PAD are available any time the pool is open, INCLUDING during swim lessons.