



# Beatrice YMCA Pool Schedule SOUTH (ORIGINAL) POOL

Effective September 8, 2025

# Pool Usage Schedule

#### Monday

5:00 am - 1:00 pm Lap Swim/Classes 1:00 - 4:00 pm CLOSED

4:00 -5:30 pmLap Swim/Open Swim5:30 - 6:45 pmCLOSED for swim team6:45 -7:45 pmLap Swim/Open Swim

#### **Tuesday**

**5:00 am - 1:00 pm Lap Swim/Classes** 1:00 - 4:00 pm CLOSED

4:00 -5:30 pm Lap Swim/Open Swim
5:30 - 6:45 pm CLOSED for swim team
6:45 -7:45 pm Lap Swim/Open Swim

#### Wednesday

**5:00 am - 1:00 pm Lap Swim/Classes** 1:00 - 4:00 pm CLOSED

 4:00 -5:00 pm
 Lap Swim/Open Swim

 5:00 - 6:00 pm
 CLOSED for swim team

 6:00 -7:45 pm
 Lap Swim/Open Swim

## Thursday

5:00 am - 1:00 pm Lap Swim/Classes

1:00 - 4:00 pm CLOSED

 4:00 -5:30 pm
 Lap Swim/Open Swim

 5:30 - 6:45 pm
 CLOSED for swim team

 6:45 -7:45 pm
 Lap Swim/Open Swim

#### Friday

5:00 am - 1:00 pm Lap Swim/Classes

1:00 - 4:00 pm CLOSED

#### Saturday

7:30 am – 12:00 pm Lap Swim/Open Swim/Swim Lessons

12:00 - 1:00 pm Closed

1:00 – 4:00 pm Lap Swim/Open Swim

#### Sunday

1:00 - 4:00 pm Lap Swim/Open Swim

# Classes

Monday

8:15 – 9:00 am WATERINMOTION 9:15 – 10:00 am Arthritic Aquacise 11:15 – 12:00 pm WATERINMOTION

#### **Tuesday**

8:15 - 9:00 am Aqua Surprise 9:15 - 10:00 am Arthritic Aquacise 10:15 - 11:00 am Aqua Surprise

#### Wednesday

8:15 - 9:00 am WATERINMOTION 9:15 - 10:00 am Arthritic Aquacise 11:15 - 12:00 pm WATERINMOTION

#### **Thursday**

8:15 - 9:00 am Aqua Surprise 9:15 - 10:00 am Arthritic Aquacise 10:15 - 11:00 am Aqua Surprise

#### **Friday**

8:15 - 9:00 am WATERINMOTION 9:15 - 10:00 am Arthritic Aquacise 11:15 - 12:00 pm WATERINMOTION

**Lap Swim** - I lap lane available; 2nd lap lane available upon request. Please follow lap etiquette when sharing is needed.

Recreational/Open Swim = for youth 8 & up (MUST be able to swim) and adults. Those under 8 will need an adult within arm's reach at all times. NO REC SWIM DURING AQUA CLASSES.

\*The Infrared Saunas are available any time the pool is open, INCLUDING during swim team practice.

The Cold Plunge is NOT AVAILABLE during swim team practice.

# Beatrice YMCA Pool Schedule NORTH (NEW) POOL

# **Effective September 6th**

# Pool/Hot Tub/Splash Pad Usage Schedule

## Monday

6:30 am - 1:00 pm	Open Swim
1:00 - 4:00 pm	CLOSED
4:00 - 5:30 pm	Open Swim
5:30 - 7:15 pm	Closed for Class
7:15 - 7:45 pm	Open Swim
7:45 - 8:15 pm	Closed for Class

### **Tuesday**

6:30 am - 1:00 pm	Open Swim
1:00 - 4:00 pm	CLOSED
4:00 - 5:30 pm	Open Swim
5:30 - 7:15 pm	Closed for Class
7:15 - 7:45 pm	Open Swim

# Wednesday

6:30 am - 1:00 pm	Open Swim
1:00 - 4:00 pm	CLOSED
4:00 - 7:45 pm	Open Swim

## Thursday

6:30 am - 1:00 pm	Open Swim
1:00 - 4:00 pm	CLOSED
4:00 - 6:45 pm	Open Swim
6:45 - 7:45 pm	Open Swim
7:45 - 8:15 pm	Closed for Class

### Friday

6:30 am - 1:00 pm	Open Swim
1:00 - 4:00 pm	CLOSED
4:00 - 6:45 pm	Open Swim

# Saturday

9:00 am - 11:15 am	CLOSED for Swim Lessons

11:15 - 12:00pm	Open Swim	
12:00 - 1:00 pm	CLOSED	
1:00 - 4:00 pm	Open Swim	

#### Sunday

The HOT TUB and SPLASH PAD are available any time the pool is open, INCLUDING during swim lessons.