



Beatrice YMCA Pool Schedule SOUTH (ORIGINAL) POOL

Effective November 17, 2025

Pool Usage Schedule

Monday

5:00 am - 1:00 pm Lap Swim/Classes 1:00 - 4:00 pm CLOSED

CLOSED for swim teams 4:00 -6:45 pm 6:45 -7:45 pm Lap Swim/Open Swim

Tuesday

5:00 am - 1:00 pm Lap Swim/Classes 1:00 - 4:00 pm

4:00 -6:45 pm **CLOSED** for swim teams 6:45 -7:45 pm Lap Swim/Open Swim

Wednesday

5:00 am - 1:00 pm Lap Swim/Classes 1:00 - 4:00 pm

CLOSED for swim team 4:00 -6:00 pm 6:00 -7:45 pm Lap Swim/Open Swim

Thursday

5:00 am - 1:00 pm Lap Swim/Classes 1:00 - 4:00 pm

CLOSED for swim teams 4:00 -6:45 pm 6:45 -7:45 pm Lap Swim/Open Swim

Friday

5:00 am - 1:00 pm Lap Swim/Classes 1:00 - 4:00 pm CLOSED

4:00 -6:00 pm **CLOSED** for swim team 6:00 -6:45 pm Lap Swim/Open Swim

Saturday

7:30 am - 12:00 pm Lap Swim/Open Swim/Swim Lessons

12:00 - 1:00 pm Closed

1:00 - 4:00 pm Lap Swim/Open Swim

Sunday

1:00 - 4:00 pm Lap Swim/Open Swim Classes

Monday

8:15 - 9:00 am WATERinMOTION 9:15 - 10:00 am Arthritic Aquacise 11:15 - 12:00 pm WATERinMOTION

Tuesday

8:15 - 9:00 am Aqua Surprise 9:15 - 10:00 am Arthritic Aquacise 10:15 - 11:00 am Aqua Surprise

Wednesday

8:15 - 9:00 am WATERinMOTION 9:15 - 10:00 am Arthritic Aquacise WATERinMOTION 11:15 - 12:00 pm

Thursday

8:15 - 9:00 am Aqua Surprise 9:15 - 10:00 am Arthritic Aquacise 10:15 - 11:00 am Aqua Surprise

Friday

8:15 - 9:00 am WATERinMOTION 9:15 - 10:00 am Arthritic Aquacise WATERinMOTION 11:15 - 12:00 pm

Lap Swim - I lap lane available; 2nd lap lane available upon request. Please follow lap etiquette when sharing is needed.

Recreational/Open Swim = for youth 8 & up (MUST be able to swim) and adults. Those under 8 will need an adult within arm's reach at all times. NO REC SWIM **DURING AQUA CLASSES.**

*The Infrared Saunas are available any time the pool is open, INCLUDING during swim team practice.

The Cold Plunge is NOT AVAILABLE during swim team practice.

Beatrice YMCA Pool Schedule NORTH (NEW) POOL

Effective November 17th

Pool/Hot Tub/Splash Pad Usage Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:00 am - 11:15 am CLOSED for Swim Lessons

Sunday

1:00 - 4:00 pm Open Swim

The HOT TUB and SPLASH PAD are available any time the pool is open, INCLUDING during swim lessons.